

FLEXIBLE CYSTOSCOPY

A Flexible Cystoscopy enables the Urologist to see inside the urethra (urinary opening) and bladder, to visually check for any problems relating to your urological condition. This will assist with diagnosis. It is also used as a check-up for certain bladder conditions.

INDICATIONS

A Cystoscopy may be indicated for the following conditions:

- Frequent Urinary Tract Infections (UTI's)
- Blood in urine (haematuria)
- Loss of bladder control (incontinence)
- Overactive Bladder
- Unusual cell found in urine sample/s
- Painful urination, Chronic pelvic pain
- Interstitial cystitis
- Urinary blockage (Stricture, Prostate enlargement)
- Renal Stone/s
- Unusual growth, polyp/s, tumour, cancer
- Need for bladder catheter

AT THE PROCEDURE

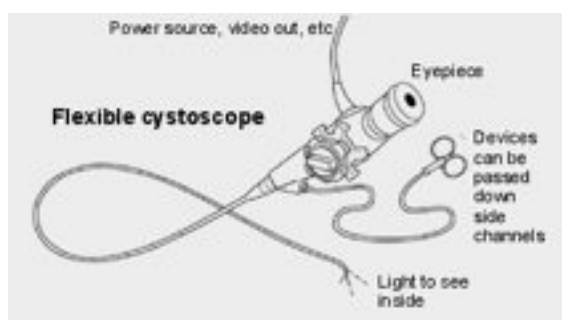
A fibre optic instrument that bends easily and has a tip that will be passed into the urethra. Once the cystoscope is in the bladder the cystoscope will enable the doctor to see any abnormal growth or disease.

A Flexible Cystoscopy is performed as an outpatient, with no overnight stay. This can be performed at Calvary Day Procedure Centre, Riverina Day Surgery, Wagga Wagga Rural Referral Hospital, Griffith Base Hospital, St Vincent's Private Community Hospital Griffith or in our Private Rooms.

- NO Fasting or preparation is required.

It is performed under a local anaesthetic, which is in the form of a gel placed into the opening of the urethra.

The procedure takes approximately 10 minutes, but allow up to 2-3 hours at the day surgery.



AFTER THE PROCEDURE

You should NOT drive to or from the procedure ,You will require someone to drive you home.

You should try to rest for the remainder of the day.

SIDE EFFECTS

It is normal to experience the following

1. Small amount of discomfort
2. Mild stinging on passing urine
 - drink plenty of water
 - take Ural sachets
3. Temporary swelling of the urethra requiring insertion of a IDC (catheter)
4. Blood in the urine, up to 48 hours after procedure
 - drink plenty of water
 - extra rest

COMPLICATIONS

Please contact Riverina Urology if any of the following occur:

- The bleeding has not slowed down
- Difficulty passing urine
- Signs of infection – high temperature, pain, persistent burning on passing urine
- Development of inflammation
- Damage to the urethra or bladder (very rarely)

**** Please note:** the chance of complication depends on the exact type of procedure that is being performed and other factors such as the person's general health**

If any of the complications occur please present to your closest emergency department.

CONTACT DETAILS

Rooms: 6925 3355 (between 8am – 5.30pm)

After Hours: 0438 669 849

Hospital: Wagga Wagga Base Hospital 5943 1000 or your closest emergency department